

# Elective Home Education (EHE) Resources and Other Information Secondary Age Children

#### 1. General Information

## - Suffolk County Council - Elective Home Education

suffolk.gov.uk/EHE 01473 265139 ehe@suffolk.gov.uk

#### Norfolk and Suffolk Foundation Trust

NHS First Response Helpline The helpline is staffed by trained mental health professionals who will be able to listen to concerns and help people get the support they need. Call 24/7 on 0808 196 3494. https://www.nsft.nhs.uk/first-response

#### - Suffolk SENDIASS

Special Educational Needs, Disabilities and Information Advice and Support Service (previously Parent Partnership) is a confidential and impartial support and advice service for parents, carers, children and young people (up to 25 years).

https://www.suffolksendiass.co.uk/

01473 265210 during office hours Monday to Friday.

Text ADVICE4ME to 87007

enquiries@suffolksendiass.co.uk

#### - Suffolk Libraries

Venues, facilities and children's activities and an eLibrary with Free access to thousands of the latest eBooks, eAudio titles, magazines, newspapers, films, courses and streaming.

https://www.suffolklibraries.co.uk/

01473 351249

help@suffolklibraries.co.uk

Suffolk Libraries offer a Home Educator Card. A free additional card that allows you to borrow up to 20 books for 12 weeks at a time if you teach your children at home.

https://www.suffolklibraries.co.uk/advice/teachers-and-home-schooling

If health or mobility problems are preventing you or someone you know from visiting a library branch or mobile library, our Home Library Service volunteers are here to help. The service is free and available from most libraries. Our Home Library Service can deliver titles to homes and care homes.

https://www.suffolklibraries.co.uk/visit/home-deliveries

If your child is over 12 years and is interested in volunteering in your local library please go to https://www.suffolklibraries.co.uk/about/jobs-volunteering/volunteer

# 2. Home Learning Support

- 1. Collage App <a href="www.collageapp.co.uk">www.collageapp.co.uk</a> This site helps home schooling families record the progress they make. Thirty day free trial for new subscribers.
- 2. Ed Yourself: The Home Education Consultancy <a href="http://edyourself.org/">http://edyourself.org/</a>
- Education Otherwise <a href="https://www.educationotherwise.org/">https://www.educationotherwise.org/</a> Education Otherwise Association, 61 Bridge Street, Kington, HR5 3DJ. Telephone: 0300 1245690.
   enquiries@educationotherwise.org
- 4. Firefly Learning: Provides access to online learning. Offering free access to its platform until the end of the summer term: <a href="https://www.fireflylearning.com">www.fireflylearning.com</a>
- Home Education Advisory Service (HEAS) <a href="http://www.heas.org.uk/">http://www.heas.org.uk/</a> 01707 371854, enquiries@heas.org.uk
- 6. Home Education UK http://www.home-education.org.uk/
- 7. HomeLearningUK: A curated resource for schools, students and parents designed to share ideas, solutions, plans and support: <a href="https://homelearninguk.weebly.com/">https://homelearninguk.weebly.com/</a>
- 8. Hummingbirds Home School Meetup Lowestoft Library for all home schooling families. First Monday of every month 9.30 11.30.
- 9. St Edmunds Baby Website <a href="https://www.stedmundsbaby.org.uk/education.html">https://www.stedmundsbaby.org.uk/education.html</a> Information on local home education groups / meet ups
- 10. Teach Pips has guided lessons that are planned and sequenced to make life as easy as possible for parents to follow. <a href="https://www.teachpips.com/learning-zone">www.teachpips.com/learning-zone</a>
- 11. West Suffolk Home Education Hub <a href="https://www.westsuffolkhomeed.org.uk/">https://www.westsuffolkhomeed.org.uk/</a> Includes details of Suffolk home education groups, events, resources and there is a magazine.

# - Yahoo User Groups

 https://groups.io/g/SuffolkHomeEdActivities - Advertises local voluntary groups, including the Rock Project which is held in Essex. The regular bowling and swimming group for teens meets at Leisureworld in Colchester.

#### - Facebook Groups

- 1. Beccles Forest Schools <a href="https://www.facebook.com/BecclesForestSchools">https://www.becclesforestschool.co.uk/</a>
- 2. Cambs/Herts/Suffolk/Essex 11+ Home Education
- 3. Educational Freedom Home Education info and support
- 4. Essex Home Education Meet-Ups
- 5. Essex Home Educators Home Schooling
- Haverhill (UK) Home Educators | Facebook
- 7. Home Education Beccles, Bungay, Halesworth & surrounding areas
- 8. Home Education Essex
- Home Education Norfolk UK
- 10. Home Education UK
- 11. SEN Home Education in Essex

- 12. TEEN Home Education group Suffolk https://www.facebook.com/groups/452929622029218/?ref=share
- 13. West Suffolk Home Education Hub

# 3. Secondary Age Educational Resources

#### - Maths

- 1. Absolute Maths <a href="http://home.absolutemathscourses.co.uk/">http://home.absolutemathscourses.co.uk/</a> Online maths courses.
- Ark Curriculum Plus (Maths Mastery) <u>www.mathematicsmastery.org/free-resources</u> Free resources and guidance to help provide sessions for learners, covering Reception and key stages 1, 2 and 3.
- Centre for Innovation in Mathematics Teaching <a href="http://www.cimt.org.uk/">http://www.cimt.org.uk/</a> Includes the Mathematics Enhancement Programme (MEP) from Primary to GCSE, a comprehensive programme with diagnostic assessment linked to National Curriculum levels.
- 4. Conquer Maths <a href="http://www.conquermaths.com/">http://www.conquermaths.com/</a> Online maths tuition lessons and worksheets in mathematics at KS3 KS4 (Years 11-16).
- 5. Corbett Maths <a href="https://corbettmaths.com/">https://corbettmaths.com/</a> Free online worksheets, practice papers and revision cards.
- 6. Explore Learning <a href="www.explorelearning.co.uk/keepeducationgoing/">www.explorelearning.co.uk/keepeducationgoing/</a> Mathematician Bobby Seagull will be running free Mid-Morning Maths sessions live streamed via Explore Learning's Facebook channel. Meanwhile, Explore at Home is an online service for pupils aged 4 to 14 offering one-to-one tutoring.
- 7. IXL Learning <a href="https://uk.ixl.com/">https://uk.ixl.com/</a> Maths online practice KS1-KS4
- 8. Key Stage 3 Maths <a href="http://www.ks3maths.co.uk/">http://www.ks3maths.co.uk/</a> Lesson Objectives, Keywords and Resources by year group. Also contains 'warm up' activities & a range of free worksheets.
- 9. Knowledgehook <u>www.knowledgehook.com</u> US website for maths teachers, parents and leaders.
- 10. MangaHigh <u>www.mangahigh.com</u> Game-based learning in maths and coding. Free access for at least 60 days to schools affected by Covid-19. Ages 7 to 16.
- 11. Math <a href="http://www.math.com/">http://www.math.com/</a> Mathematical explanations and interactive activities (4-16 years).
- 12. Mathigon <a href="https://mathigon.org/">https://mathigon.org/</a> US website offering interactive maths resources designed to achieve mastery. Key stages 3, 4, 5.
- 13. Mathlectics <a href="https://www.mathletics.com/uk/">https://www.mathletics.com/uk/</a> Subscriptions maths resource with learning content, games and activities. Questions from KS1 to A Level.
- 14. Maths Genie <a href="https://www.mathsgenie.co.uk/">https://www.mathsgenie.co.uk/</a> Online Maths Resources
- 15. Maths Made Easy https://mmerevise.co.uk/ Past papers and KS tests good for revision
- 16. Maths No Problem <a href="https://mathsnoproblem.com/">https://mathsnoproblem.com/</a>
- 17. Mathspire <a href="https://mathspire.com/">https://mathspire.com/</a> An app to support the teaching and learning of A level maths. It is offering schools free access to independent learning content.
- 18. NRICH Mathematics <a href="http://nrich.maths.org/public/">http://nrich.maths.org/public/</a> Maths challenges and puzzles across the key stages,

- 19. Number Stacks <a href="https://www.numberstacks.co.uk/">https://www.numberstacks.co.uk/</a> Number Stacks uses a unique combination of stackable place-value counters and video tutorials to enable any adult, regardless of teaching experience, to help children master the foundations of the number system.
- 20. Prodigy Maths Game for Grades 1 8 <a href="https://www.prodigygame.com/referral.php?referralCode=01F631F5997D&referralName=Caroline%2BMukisa&referralOrigin=link">https://www.prodigygame.com/referral.php?referralCode=01F631F5997D&referralName=Caroline%2BMukisa&referralOrigin=link</a>
- 21. RMeasimaths <a href="http://www.rmeasimaths.com/">http://www.rmeasimaths.com/</a> also used in schools.
- 22. The Geometry Junkyard <a href="https://www.ics.uci.edu/~eppstein/junkyard/">https://www.ics.uci.edu/~eppstein/junkyard/</a> These pages contain usenet clippings, web pointers, lecture notes, research excerpts, papers, abstracts, programs, problems, and other stuff related to discrete and computational geometry.
- 23. Topmarks <a href="http://www.topmarks.co.uk/">http://www.topmarks.co.uk/</a> Online maths and literacy games for ages 3-14.

### - English

- Audible <a href="https://www.audible.co.uk/?ref=a">https://www.audible.co.uk/?ref=a</a> cat Child t1 nav header logo&pf rd p=92ee67ca-8c05-4403-918f-55cb14dcd9a9&pf rd r=C4MKWS0EHWR5W90N9PHN 30 day free trial of audiobooks for all ages.
- Bedrock Learning <a href="https://bedrocklearning.org/home-learning/">https://bedrocklearning.org/home-learning/</a> Resources designed to broaden children's vocabulary including Tier 2 words, root words and academic verbs. Key stages 1 to 4.
- 3. Chatta <a href="https://chattalearning.com/">https://chattalearning.com/</a> Teaching approach linking images with language for communication development. Early years to key stage 5:
- 4. Englicious <a href="http://englicious.org/">http://englicious.org/</a> Free English language teaching resources, including exercises, projects and games for all ages.
- 5. Happy English <a href="https://happyenglishuk.com">https://happyenglishuk.com</a> English, grammar and phonics for all ages
- 6. Learn English with the British Council https://learnenglish.britishcouncil.org/
- 7. Litfilmfest writing resources <a href="https://litfilmfest.com/home-learning/">https://litfilmfest.com/home-learning/</a> Daily writing videos, challenges and home education projects. Key stages 1 to 3.
- Pobble 365 <u>www.pobble365.com</u> Provides a photo stimulus for a writing task every day. All ages.
- 9. Poetry Society <a href="https://poetrysociety.org.uk/">https://poetrysociety.org.uk/</a> Poetry learning resources for teachers, parents, carers and students.
- 10. Teach It English <a href="http://www.teachit.co.uk/">http://www.teachit.co.uk/</a> Resources specifically for teaching English. Includes A & C Black worksheets.
- 11. Teach It <a href="http://www.teachit.co.uk/">http://www.teachit.co.uk/</a> Resources specifically for teaching English. Includes A & C Black worksheets.
- 12. The Communication Trust resources for parents http://www.thecommunicationtrust.org.uk/resources/resources/resources-for-parents/
- 13. Zaprendo <a href="https://zaprendo.com/">https://zaprendo.com/</a> Personalised learning tools and experiences for English and phonics learning. All ages.

# - Creative Arts Subjects

Charanga <a href="https://charanga.com">https://charanga.com</a> A library of songs, topics, instrument courses and creative apps for music education for all ages.

- Creative Bug Offers craft lessons, such as knitting, jewellery-making, drawing and origami www.creativebug.com
- 3. Culture Tree Cultural and recreational resources to promote and preserve African arts, languages and culture. All ages <a href="https://www.culturetree.co.uk">www.culturetree.co.uk</a>
- 4. Gimp <a href="https://www.gimp.org/">https://www.gimp.org/</a> Free digital art software.
- Jesters Theatre Academy Home Ed Group in Colchester https://www.jesterstheatreacademy.com/home-education-2/
- 6. Musemio <a href="https://www.musemio.com">www.musemio.com</a> Offers a cultural curriculum using virtual reality. Ages 8 and over.
- 7. Musical Futures Has published a blog listing 10 useful resources for music education https://www.musicalfutures.org/about/resources/
- 8. Musitude <a href="https://musitude.com/">https://musitude.com/</a> Play a musical instrument using a qwerty keyboard.
- Royal Shakespeare Company <a href="https://www.rsc.org.uk/">https://www.rsc.org.uk/</a> A Learning Zone with resources, lesson plans, online and live performances, games, ideas, exercises, images, videos, galleries and more.
- 10. Shakespeare's Globe <a href="https://www.shakespearesglobe.com/">https://www.shakespearesglobe.com/</a> Digital content, six free films, and Mark Rylance's "Shakespeare Walks" among other materials.
- 11. Snobby Eddy Craft Centre Haverhill Snobby Eddy Crafts Do what you love, love what you do
- 12. Tate Galleries <a href="https://www.tate.org.uk/">https://www.tate.org.uk/</a> Students can explore the Tate Galleries online or find out more about particular artists. Includes a regular podcast.
- 13. The National Theatre Collection
  <a href="https://www.nationaltheatre.org.uk/learning/schools/secondary-and-fe/resources">https://www.nationaltheatre.org.uk/learning/schools/secondary-and-fe/resources</a> is available via remote access in partnership with Bloomsbury Publishing. Schools and colleges can share log-in details with pupils. Includes recordings of 24 productions and counting. Includes Shakespeare set texts, novels such as Frankenstein and Peter Pan, and more.

#### - Sciences

- 1. BP Educational Service <a href="https://bpes.bp.com/">https://bpes.bp.com/</a> primary, secondary and home learning resources.
- 2. Colchester Zoo Home Education Classes <a href="http://www.colchester-zoo.com/education/home-education">http://www.colchester-zoo.com/education/home-education</a> free educational sessions for home educated children.
- 3. Developing Experts <a href="https://www.developingexperts.com/parents-and-home-education">https://www.developingexperts.com/parents-and-home-education</a>
  Developing Experts bring scintillating science into your home for children aged 4 to 14 years. Create your FREE 14-day trial account and get instant access to over 700 interactive, online science lessons at your fingertips.
- 4. Future Learn Nature & Environment Courses. On these courses, learners explore the natural world and understand the causes and impact of climate change.

  <a href="https://www.futurelearn.com/subjects/nature-and-environment-courses">https://www.futurelearn.com/subjects/nature-and-environment-courses</a>
- Geographical Association <a href="https://www.geography.org.uk/Teaching-Resources">https://www.geography.org.uk/Teaching-Resources</a> Teaching Resources for geography.
- 6. Hundred River Farm <a href="https://www.hundredriverfarm.co.uk/who-we-are">https://www.hundredriverfarm.co.uk/who-we-are</a> We are a small family farm but we have big ambitions to help drive the food revolution by reconnecting children with the natural world and food production. Sotterley, Beccles, NR34 7UH, info@hundredriverfarm.co.uk, 07898 383 325.
- 7. Intel <a href="http://inteleducationresources.intel.co.uk/">http://inteleducationresources.intel.co.uk/</a> Includes interactive science activities at KS3 and above.

- 8. Natural History on the Net http://www.naturalhistoryonthenet.com/
- 9. NatureBytes <a href="http://naturebytes.org/">http://naturebytes.org/</a> Kits to help anybody develop digital skills and reconnect with nature. All ages.
- 10. Ocean Wise Conservation Association <a href="https://ocean.org/learnonline/">https://ocean.org/learnonline/</a> A free online ocean-literacy resource called Online Oceans. Includes ocean-inspired crafts, activities, DIY videos, live-streamed learning, and animal content.
- 11. Physics Games <a href="http://www.physicsgames.net/">http://www.physicsgames.net/</a> Online physics-based games.
- 12. RHS School Gardening https://schoolgardening.rhs.org.uk/resources
- 13. Royal Society Its Science at Home section offers experiments, videos and lesson plans, covering curriculum themes with support from the likes of Professor Brian Cox. It also offers STEM resources, including activity sheets and simple experiments for primary pupils and careers information and more in-depth scientific questions and techniques for secondary students <a href="https://royalsociety.org/topics-policy/education-skills/teacher-resources-and-opportunities/resources-for-teachers/science-at-home/">https://royalsociety.org/topics-policy/education-skills/teacher-resources-and-opportunities/resources-for-teachers/science-at-home/</a>
- 14. School Science <a href="http://www.schoolscience.co.uk/home">http://www.schoolscience.co.uk/home</a> resources and news for science education.
- 15. Science Museum Group <a href="https://learning.sciencemuseumgroup.org.uk/resourcetype/classroom-resource/">https://learning.sciencemuseumgroup.org.uk/resourcetype/classroom-resource/</a> learning resources
- 16. Science Video Courses https://sciencevideocourses.com/about/
- 17. Sciencebob https://sciencebob.com/ Science experiments and ideas
- 18. Siemens <a href="https://new.siemens.com/uk/en/company/education/students.html">https://new.siemens.com/uk/en/company/education/students.html</a> Student zone includes DIY science experiments and interactive games.
- 19. Suffolk Wildlife Trust <a href="www.suffolkwildlifetrust.org">www.suffolkwildlifetrust.org</a> Educational events and online ideas & activities to support environmental science. Foxburrow Farm runs monthly home education events for children under 13, Foxburrow Farm, Saddlemakers Lane, Melton, Woodbridge, IP12 1NA, 01394 380113.
- 20. Terrific Scientific brings science to the heart of your teaching with fantastic investigations and exciting resources linked to the curriculum <a href="https://www.bbc.co.uk/teach/terrific-scientific">https://www.bbc.co.uk/teach/terrific-scientific</a>
- 21. The James Dyson Foundation <a href="https://www.jamesdysonfoundation.co.uk/resources.html">https://www.jamesdysonfoundation.co.uk/resources.html</a> our free resources help students use their hands and their heads to solve real-world problems. Just like Dyson engineers.
- 22. Woodland Trust https://www.woodlandtrust.org.uk/ Learn about trees, woods and wildlife
- 23. Woodland Trust Tree Tools for Schools <a href="http://www.treetoolsforschools.org.uk/">http://www.treetoolsforschools.org.uk/</a>
- 24. It's Rocket Science Centre in Claydon. The centre is aimed at Key Stage 1, Stage 2 and 3, however we can adapt some of these for younger pre-school children and some are suitable for Key Stage 4. We are flexible and can make the topic to suit what you are studying presently in school eq "Farm to Fork" or Conservation. https://itsrocketscience.co.uk/

# - IT

1. Abingdon Science Partnership <a href="www.abingdonsciencepartnership.org/useful-links/">www.abingdonsciencepartnership.org/useful-links/</a> Abingdon School near Oxford has been working with its neighbouring state schools to produce home learning resources, short lesson ideas, longer project ideas, and more. Covers primary, secondary and beyond:

- 2. Acorn Aspirations <a href="http://acornaspirations.com/">http://acornaspirations.com/</a> Activities for bridging the digital skills gap. Ages 12 to 18:
- 3. Alice https://www.alice.org/about/
- 4. Blue Shift Coding <a href="https://blueshiftcoding.com/">https://blueshiftcoding.com/</a> One-to-one tutoring in coding for 7 to 14-year olds.
- 5. BT Skills for Tomorrow <a href="www.bt.com/skillsfortomorrow/">www.bt.com/skillsfortomorrow/</a> Tech skills to prepare students for the workplace. Resources for teachers as well.
- 6. Code Academy <a href="https://www.codecademy.com/">https://www.codecademy.com/</a> Learn how to code for web development, programming and computer science or data science
- 7. Code Combat <a href="https://codecombat.com/">https://codecombat.com/</a> coding games for teachers and students
- 8. Cyber Discovery <a href="https://joincyberdiscovery.com/">https://joincyberdiscovery.com/</a> learn about data security
- 9. Scratch https://scratch.mit.edu/ Create stories, games and animations
- 10. Snapplify www.snapplify.com Resources to support digital education for students and schools:
- 11. Swop Bots <a href="https://swopbots.com/">https://swopbots.com/</a> Stories and games for schools and families to encourage the next generation of coders. Age 8 and over.
- 12. Twin Science <a href="https://www.twinscience.com/en-gb/?wmc-currency=GBP">https://www.twinscience.com/en-gb/?wmc-currency=GBP</a> Teaches basic coding and programming. Ages 8 and over.
- 13. Tynker <a href="www.tynker.com">www.tynker.com</a> Encouraging children to create, code, make websites and design games. Free access to its premium service during the school closures. Ages 5 and over.

#### Humanities and Social Sciences

- 1. Big History Project <a href="https://school.bighistoryproject.com/bhplive">https://school.bighistoryproject.com/bhplive</a> Explores the past, present and the future through a series of resources
- Commonwealth War Graves Commission <a href="https://www.cwgc.org/our-work/outreach/learning-resources/">https://www.cwgc.org/our-work/outreach/learning-resources/</a> Downloadable, curriculum-linked resources examining the scale of the world wars and how we commemorate those who died. A new resource on the life of Second World War heroine and secret agent Noor Inayat-Khan is also available.
- 3. First News. <a href="http://www.firstnews.co.uk/">http://www.firstnews.co.uk/</a> A weekly, illustrated newspaper aimed at young people approx. 7-14 years of age covering general knowledge and current events.
- 4. History on the net <a href="http://www.historyonthenet.com/">http://www.historyonthenet.com/</a> Online resources, podcasts and free worksheets for secondary pupils.
- 5. Imperial War Museum Home Learning Hub <a href="https://www.iwm.org.uk/learning/home-learning-hub">https://www.iwm.org.uk/learning/home-learning-hub</a> Adventures into history.
- 6. Mr Allsop History GCSE and A level resources www.mrallsophistory.com/revision/
- 7. Royal Museums Greenwich <a href="https://www.rmg.co.uk/schools-communities/young-people">https://www.rmg.co.uk/schools-communities/young-people</a> Martime learning at home, astronomy learning at home and learning resources.
- 8. Scholastic <a href="https://www.scholastic.co.uk/">https://www.scholastic.co.uk/</a> My Story a series of books based on historical events from different periods told through the eyes of an individual.
- School History https://schoolhistory.co.uk/ comprehensive history teaching resources.
- 10. The British Museum <a href="https://www.britishmuseum.org/learn/schools/home-educators">https://www.britishmuseum.org/learn/schools/home-educators</a> workshops and sessions for home educators.

- 11. The Young Archaeologists Club <a href="https://www.yac-uk.org/things-to-do">https://www.yac-uk.org/things-to-do</a> children can join from 8 years old. There is an annual membership fee and the monthly club activities are free. Ideas for activities at home.
- 12. University of Kent Downloadable materials for primary and secondary students focused on human evolution and the history of human ancestors. Includes activity books and a "Find your path of evolution" board game. Printable files available via Dropbox https://bit.ly/3e00zVO
- 13. Will Lord of The Stone Age. <a href="https://www.will-lord.co.uk/">https://www.will-lord.co.uk/</a> Prehistoric Experiences & Workshops, Will Lord 34 Nether Street, Rougham, Bury St Edmunds, Suffolk, IP30 9LW, 07843019994, <a href="https://www.facebook.com/willlordprehistoricsurvival/">https://www.facebook.com/willlordprehistoricsurvival/</a>
- 14. World Geography <a href="https://world-geography-games.com/index.html">https://world-geography-games.com/index.html</a> Games Learning about the world through games for all ages.

# - Modern Foreign Languages

- 1. Duolingo <a href="www.duolingo.com">www.duolingo.com</a> A free language-learning website offering short daily lessons.
- Education City <a href="https://www.educationcity.com/parental-support/">https://www.educationcity.com/parental-support/</a> Online worksheets linked to Primary National Curriculum subscription required (also provides access to resources for French, German and Spanish). Some free resources.
- 3. Oxford University Press Rigolo French <a href="https://global.oup.com/education/content/primary/series/rigolo/?region=uk">https://global.oup.com/education/content/primary/series/rigolo/?region=uk</a> Nelson Thornes 'Rigolo' CD Rom & Resource Pack. Beginners French linked to KS2.
- 4. Rosetta Stone <u>www.rosettastone.co.uk</u> Software to support learning in 30 modern foreign languages.
- 5. Skoldo <a href="http://www.skoldo.com/">http://www.skoldo.com/</a> French/Spanish teacher and pupil books for young children, supported by CD Roms.
- 6. Thought Co <a href="https://www.thoughtco.com/french-4133079">https://www.thoughtco.com/french-4133079</a> Teachers and students can use these comprehensive French language guides to improve reading, writing, and comprehension skills for beginner, intermediate, and advanced levels.
- 7. UTalk <a href="https://utalk.com/en/schools">https://utalk.com/en/schools</a> Child-friendly, interactive online learning, teaches foreign languages at all levels. Over 100 languages including Cantonese.

## Exercise, Mental Health and Wellbeing

- 1. Bounce Forward <a href="https://bounceforward.com/">https://bounceforward.com/</a> Resilience skills enable young people to thrive in life.
- 2. Dance Warriors <a href="https://www.youtube.com/watch?v=Btxws8qvYAA">www.youtube.com/watch?v=Btxws8qvYAA</a> Dance with Strictly Come Dancing and The Greatest Dancers' Oti Mabuse
- 3. Emotionally Based School Avoidance Resources for families on Suffolk County Council's website <a href="https://www.suffolk.gov.uk/children-families-and-learning/wellbeing-for-education-return/ebsa-emotionally-based-school-avoidance/ebsa-resources-for-children-and-families/">https://www.suffolk.gov.uk/children-families-and-learning/wellbeing-for-education-return/ebsa-emotionally-based-school-avoidance/ebsa-resources-for-children-and-families/</a>
- 4. Mentally Healthy Schools <u>www.mentallyhealthyschools.org.uk</u> Quality-assured resources to help primary schools promote children's mental health and wellbeing.
- 5. The Body Coach <a href="https://www.thebodycoach.com/">https://www.thebodycoach.com/</a> Whatever level of fitness you're at, tune in for weekly LIVE workouts with Joe. Made exclusively for app users, all you have to do is press play and let Joe take you through the rest.

6. Young Minds UK <a href="https://youngminds.org.uk/">https://youngminds.org.uk/</a> Offers advice, information and blogs on promoting good mental health.

#### - Cross-curricular Websites with Activities, Games, and Resources

- Adobe Education Exchange <a href="https://edex.adobe.com/">https://edex.adobe.com/</a> Free resources, workshops and teaching materials. All ages
- 2. Adventures in Familyhood <a href="https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html">https://adventuresinfamilyhood.com/20-virtual-field-trips-to-take-with-your-kids.html</a> A collection of 20 virtual field trips that parents can take with their children.
- Alcohol Education Trust Online PSHE alcohol awareness resources, games and activities for 11 to 18-year-olds <u>www.alcoholeducationtrust.org</u> (teachers and parents); <u>www.talkaboutalcohol.com</u> (pupils)
- 4. Amazon <a href="www.Amazon.co.uk">www.Amazon.co.uk</a> is an excellent source of good value and good quality used reading books, text books, reference books, topic books and 'Replica Packs' for history.
- 5. BBC Bitesize <a href="https://www.bbc.co.uk/bitesize">https://www.bbc.co.uk/bitesize</a> a good tool for revision of National Curriculum topics for all the key stages.
- 6. BBC Skills Wise <a href="https://www.bbc.co.uk/teach/skillswise">https://www.bbc.co.uk/teach/skillswise</a> A collection of free videos and downloadable worksheets to help adult learners improve their reading, writing and numeracy skills.
- 7. Brain Pop <a href="https://www.brainpop.com/">https://www.brainpop.com/</a> Subscription digital learning service for ages 5 16.
- 8. Bright Minds <a href="http://www.brightminds.co.uk/">http://www.brightminds.co.uk/</a> Practical educational resources from Early Years to 14+.
- British Library <a href="https://www.bl.uk/learning">https://www.bl.uk/learning</a> Workshops, activities and resources for schools, teachers and learners of all ages.
- 10. British Museum <a href="https://research.britishmuseum.org/research/collection\_online/search.aspx">https://research.britishmuseum.org/research/collection\_online/search.aspx</a>
  Free access to its online collection, offering more than two million records, many of which include images.
- 11. British Nutrition Foundation <a href="https://www.foodafactoflife.org.uk/">https://www.foodafactoflife.org.uk/</a> The Food for Life Classroom is an online hub offering activity ideas and resources for pupils aged 3 to 16.
- 12. BSC Multicultural Services <a href="https://www.bscmulticulturalservices.org.uk/">https://www.bscmulticulturalservices.org.uk/</a> Supplementary School is a resource primarily for BME primary school children aged 5 to 12 years at St Helen's School, Saturdays between 2pm and 4pm, term time. Provides help with Maths, English and Science. For more information, please contact Mohammed Alam on 01473 400081.
- 13. Century Tech <a href="https://www.century.tech/explore-century/parents/">https://www.century.tech/explore-century/parents/</a> Paid for personalised 11+, English, maths and science courses
- 14. Disney Theatrical Productions <a href="https://disneyonstage.co.uk/education/">https://disneyonstage.co.uk/education/</a> Free downloadable creative activities for educators and parents based on the West End shows The Lion King, Mary Poppins, Frozen and Aladdin. Ages 6 to 14. There is also a podcast series featuring careers advice from the West End, including technical production, carpentry, wardrobe, and make-up
- 15. Doddle Academy <a href="https://doddleacademy.co.uk">https://doddleacademy.co.uk</a> a new online learning platform focusing on helping students succeed in English, Maths and Science at KS3, KS4 and KS5. Designed to guide students through all modules of a subject's curriculum, Doddle Academy gives home educators a fantastic all-in-one resource of engaging lesson bundles, quizzes and revision activities that will support their child's home learning right through to assessment.

- 16. Dorling Kindersley <a href="https://www.dk.com/uk/category/childrens/">https://www.dk.com/uk/category/childrens/</a> do a range of workbooks endorsed by Carol Vorderman, which are popular with both parents and children and are staggered across the Key Stage by year group. They are entitled Maths Made Easy, English Made Easy etc.
- 17. Ebay <a href="www.Ebay.co.uk">www.Ebay.co.uk</a> 'Teaching Resources' comprehensive packs of topic-based KS3 worksheets, e.g. The Middle Ages, World War II, The Environment, Conservation and Algebra. Second-hand copies of readers, such as books from Oxford Reading Tree.
- 18. Economist Foundation <a href="https://economistfoundation.org/resources/">https://economistfoundation.org/resources/</a> A free weekly bulletin and critical thinking resources for secondary students.
- 19. Ed Place <a href="www.edplace.com">www.edplace.com</a> Home education app offering resources and activities from year 1 to GCSE. Subscription, but offering a £1 trial period.
- 20. First News <a href="https://schools.firstnews.co.uk/remote-learning-resources/">https://schools.firstnews.co.uk/remote-learning-resources/</a> Free online learning resources for schools focused on key stages 2 and 3. Registration required. First News is also offering current issues of its newspaper and activity sheets for free and has launched a free six-week trial of iHub, which has weekly, news-based learning resources.
- 21. Free Teaching Resources <a href="http://www.free-teaching-resources.co.uk/">http://www.free-teaching-resources.co.uk/</a> from charities, museums and more.
- 22. Frontiers for Young Minds <a href="https://kids.frontiersin.org/">https://kids.frontiersin.org/</a> An open-access journal written by some of the world's foremost scientists and specifically for young people. Topics include astronomy and space science, biodiversity, neuroscience, pollution, and mental health
- 23. Future Learn <a href="https://www.futurelearn.com/">https://www.futurelearn.com/</a> free online courses primarily for adults but may be suitable for some Key Stage 4 students.
- 24. Galore Park <a href="http://www.galorepark.co.uk/">http://www.galorepark.co.uk/</a> Materials published by Galore Park and aimed at Independent Schools' Examinations at 11+ and 13+. A traditional, academic approach at KS2 & KS3 which includes resources for learning Latin.
- 25. HelpKidzLearn <a href="www.helpkidzlearn.com/updates/school-closure.html">www.helpkidzlearn.com/updates/school-closure.html</a> Software for young children and those with learning difficulties to play online. A home access licence is being offered on a monthly basis at a "reduced, manageable cost". There are free downloads available for its Chooselt Maker 3 activities app.
- 26. Into Film <a href="https://www.intofilm.org/">https://www.intofilm.org/</a> puts film at the heart of the educational and personal development of children and young people across the UK. Resources available to members.
- 27. Khan Academy <u>www.khanacademy.org/</u> Over 3000 video tutorials well-suited to visual learners, to support maths, science and computer science in particular.
- 28. Kidadl <a href="https://www.kidadl.com/">https://www.kidadl.com/</a> A blog with ideas of activities to do whilst at home, from aged under 5 to 18.
- 29. Learn Together Cambridgeshire and Peterborough County Home Learning Hub <a href="https://www.cambslearntogether.co.uk/cambridgeshire-school-improvement/home-learning-hub">https://www.cambslearntogether.co.uk/cambridgeshire-school-improvement/home-learning-hub</a> For a range of free activities, challenges and projects for children to try at home.
- 30. National Geographic for Kids <a href="https://www.natgeokids.com/uk/">https://www.natgeokids.com/uk/</a> Resources and activities covering geography, science, history, the animal world and more. Ages 6 to 13.
- 31. Oak Academy <a href="https://www.thenational.academy/">https://www.thenational.academy/</a> Over 40,000 free lessons, slides and resources. May be limited free access after October 2021.
- 32. Seneca Learning <u>Free Homework & Revision for A Level, GCSE, KS3 & KS2</u> (senecalearning.com)

- 33. Speakers for Schools <a href="https://www.speakersforschools.org/">https://www.speakersforschools.org/</a> A Virtual Talks programme to allow young people to access careers advice and inspiration
- 34. Structured Home Learning (SHL) <a href="http://www.structuredhomelearning.com/">http://www.structuredhomelearning.com/</a> Primary and secondary resource packs for home educating families up to KS3 including weekly plans. Packs can be split.
- 35. Tassomai <u>www.tassomai.com</u> Bite-sized learning, using quizzes and short videos. Key stages 3 and 4. Free access to schools affected by coronavirus closures.
- 36. Teaching Ideas <a href="http://www.teachingideas.co.uk">http://www.teachingideas.co.uk</a> Teaching ideas and resources for English, Maths, Science, Computing, Art, Music and other subjects.
- 37. Ted Ed https://ed.ted.com/ Educational videos on a range of subjects and topics.
- 38. The Curriculum for Wales <a href="https://hwb.gov.wales/">https://hwb.gov.wales/</a> and free educational tools and materials
- 39. The School Run <a href="http://www.theschoolrun.com/">http://www.theschoolrun.com/</a> Foundation, KS1, 2 & 3. Subscription packages vary, there is a free subscription.
- 40. ThoughtCo <a href="https://www.thoughtco.com/">https://www.thoughtco.com/</a> Learning at home science, technology, maths, humanities and languages. Separate sources section.
- 41. Twitter <a href="www.twitter.com">www.twitter.com</a> There are a range of hashtags on Twitter linking to home learning resources, activities and ideas. These include #MathsAtHome, #ScienceAtHome and #ScienceFromHome, as well as more general hashtags such as #HomeschoolingUK
- 42. Virtual museum tours <a href="www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours">www.travelandleisure.com/attractions/museums-galleries/museums-with-virtual-tours</a> Travel and Leisure has published links to famous museums around the world that offer virtual tours online
- 43. World Health Organisation Advice for parents on how they can best support their children, including ideas for one-on-one time, advice on "keeping it positive", how to manage stress, talking about Covid-19 and behaviour tips <a href="https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting">www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/healthy-parenting</a>
- 44. Zoological Society of London <a href="https://www.zsl.org/learning-resources">https://www.zsl.org/learning-resources</a> Visit Zoo School for learning resources and visit the Virtual Zoo <a href="https://www.zsl.org/zsl-london-zoo/virtual-london-zoo for webcams of different animals">https://www.zsl.org/zsl-london-zoo/virtual-london-zoo for webcams of different animals</a>.
- 45. Twinkl <a href="https://www.twinkl.co.uk/">https://www.twinkl.co.uk/</a> Free secondary resources

#### - Books

- 1. Classoos <a href="https://www.classoos.com/">https://www.classoos.com/</a> Online textbooks. Some free trial items. Available online or via apps, the textbooks are searchable by curriculum, subject and language.
- 2. Collins <a href="https://collins.co.uk/pages/secondary">https://collins.co.uk/pages/secondary</a> Easy Learning range of KS3 Workbooks and Revision books in English, maths and science. Free materials, such as answer sheets, are available online to support this series. Collins also provides free revision resources <a href="https://collins.co.uk/pages/free-revision-resources">https://collins.co.uk/pages/free-revision-resources</a>
- 3. Fantastic Ficttion <a href="www.fantasticfiction.co.uk/">www.fantasticfiction.co.uk/</a> Over 25000 bestselling author bibliographies with all the latest books, covers and descriptions.
- 4. Franklin Watts and Wayland by Hodder Education <a href="https://www.hoddereducation.co.uk/franklinwattsandwayland">https://www.hoddereducation.co.uk/franklinwattsandwayland</a>
- 5. Hodder Education <a href="https://www.hoddereducation.co.uk/curriculum-pages/home-learning">https://www.hoddereducation.co.uk/curriculum-pages/home-learning</a> Digital Resources for Home Education.

- 6. Home Learning with CGP <a href="https://www.cgpbooks.co.uk/">https://www.cgpbooks.co.uk/</a> Discount available to Home Educators who order online.
- Letts 101 Red Hot Starters English, Maths, Science and Design & Technology. English KS3 -ISBN 978-1-84085-704-7.
- 8. Lonsdale 'Essentials' at KS3 offer a Coursebook and Workbook in the core subjects for the different year groups at this key stage (Years 7-9). <a href="https://toppsta.com/books/series/2181/lonsdale-key-stage-3-essentials">https://toppsta.com/books/series/2181/lonsdale-key-stage-3-essentials</a>
- 9. Nosy Crow <a href="https://nosycrow.com/">https://nosycrow.com/</a> child-focused, parent-friendly children's books for ages 0-12.
- 10. Pearson <a href="https://www.pearsonschoolsandfecolleges.co.uk/">https://www.pearsonschoolsandfecolleges.co.uk/</a> Primary, Secondary and Home Learning
- 11. Scholastic <a href="https://www.scholastic.co.uk/">https://www.scholastic.co.uk/</a> Website has a Home Learning Section arranged by year group. My Story a series of books based on historical events from different periods told through the eyes of an individual.
- 12. The National Curriculum https://www.gov.uk/national-curriculum
- 13. The Usborne Quicklinks for Internet-Linked Books for a variety of subjects including English, Maths, Geography, History and Science and Technology. <a href="https://usborne.com/gb/quicklinks">https://usborne.com/gb/quicklinks</a>

### 4. Christian Home School

- 1. Home School https://www.homeschool.co.uk/
- American Christian home-schooling sites offering a variety of commercial resources for all ages.

<u>http://gardenofpraise.com/</u> - Free online resources for younger children

http://www.abeka.com/

http://www.apologia.com/index.asp?proc=pg&pg=1 - Apologia Science

http://www.besweb.com/home - Free Bible courses for children 2-16

http://www.padfield.com/ - Free Bible Study resources for children

http://www.sonlight.com/

www.bjupress.com/ -Bob Jones University Press

#### 5. Private Tuition

- 1. Exemplar Education <a href="https://www.exemplar-education.com/">https://www.exemplar-education.com/</a> Maths & English tuition for ages 5-16.
- 2. First Tutors https://www.firsttutors.com/uk/ The First Tutors website helps find private tutors.
- 3. Ground Mark Learning https://www.groundmarklearning.com/online-tuition
- 4. Humanatees https://humanateestutor.com Home tutoring business.
- 5. Kip McGrath Education Centres <a href="https://www.kipmcgrath.co.uk/">https://www.kipmcgrath.co.uk/</a> private tuition and online revision courses (ages 5-16). Centres in Ipswich, Colchester, Bury St Edmunds, Ely and Norwich. Also online tutoring available.

- 6. Kumon <a href="http://www.kumon.co.uk/">http://www.kumon.co.uk/</a> After-school maths and English classes for children of all ages and abilities. Very structured and well-directed with homework element. Aims to build key skills. Can suit children with learning difficulties.
- 7. Learn Laugh Play <a href="https://learnlaughplay.co.uk">https://learnlaughplay.co.uk</a> offers children who are happier learning at home a bespoke and inspiring education at their own pace which is affordable for parents and makes being a home ed family less stressful. There are around 100 different classes to choose from, suitable for an ages 4 to 16 years with activities from ranging from crafts through to more formalised lessons, for all ages, including offering some GCSE's. Teaching takes place through on-line Zoom classes.
- MyTutor <a href="https://www.mytutor.co.uk/groups/">https://www.mytutor.co.uk/groups/</a> A free online school for GCSE students offering live tutorials and educational resources. It covers all subjects, but is currently focusing on English, maths and science. Free access while schools are shut.
- 9. Preply https://preply.com/ Online modern foreign languages tutoring
- 10. Step Forward Education <u>www.stepforwardeducation.co.uk</u> Based in Woodbridge, Ipswich and Felixstowe, 07734701957. Options for classes in Suffolk venues as well as online learning, SEND teachers, access to a SENCo, development of learning plans
- 11. Step Up Learning Centres <a href="http://stepuplearning.co.uk/">http://stepuplearning.co.uk/</a> Bury St Edmunds: St Benedict's Catholic School, Beetons Way, Bury St Edmunds, IP32 6RH, 01284 706070, <a href="mailto:tuition@stepuplearning.co.uk">tuition@stepuplearning.co.uk</a>. Newmarket: 9 King's Court, Willie Snaith Road, Newmarket, CB8 7SG, 01638 660044, tuition@stepuplearning.co.uk.
- 12. The £2 Tuition HUB <a href="https://the2poundtuitionhub.com/">https://the2poundtuitionhub.com/</a> Interactive Webinars for Home Learning
- 13. The British Online School <u>www.britishonlineschool.co.uk</u> An online school for students aged 7 to 16.
- 14. The Community Schools <a href="https://thecommunityschools.co.uk/">https://thecommunityschools.co.uk/</a> Face to Face and Online tutoring for students of all abilities from Year 4 to Year 13. Bases in Bury St Edmunds, Newmarket & Stowmarket.
- 15. Tutorful https://tutorful.co.uk/ One-to-one tuition and group classes.
- 16. Tutors and Exams <a href="https://www.tutorsandexams.uk/">https://www.tutorsandexams.uk/</a>

# 6. Special Educational Needs / Gifted and Talented

- 1. Activities Unlimited <a href="https://www.access-unlimited.co.uk/activitiesunlimited/">https://www.access-unlimited.co.uk/activitiesunlimited/</a> offers events, activities and short breaks to disabled children and children with SEN.
- Alpha to Omega phonics-based course updated by Dyslexia Action. http://www.pearsonschoolsandfecolleges.co.uk/Secondary/EnglishAndMedia/11-14/AlphaToOmega/AlphaToOmega.aspx
- 3. Barrington Stoke <a href="www.barringtonstoke.co.uk/">www.barringtonstoke.co.uk/</a> a publisher that specialises in high interest low reading age materials all printed on off white. Specialists for books for the Reluctant or dyslexic reader and children with delayed reading skills.
- 4. Brainwaves Education Ltd, Glemsford <a href="https://www.brainwaveseducation.com/">https://www.brainwaveseducation.com/</a> offers courses for parents, dyslexia assessment and specialist dyslexia and literacy tuition.
- 5. Dyslexia Gold http://dyslexiagold.co.uk/ Reading unlocked
- 6. Learning Development Aids <a href="http://www.ldalearning.com">http://www.ldalearning.com</a> Books, educational games and equipment to support parents and children with learning difficulties, 0345 120 4776, enquiries@ldalearning.com

- 7. Memory training <a href="http://www.masteringmemory.co.uk/">http://www.masteringmemory.co.uk/</a> a computerised memory training programme.
- 8. Memory training <a href="http://www.masteringmemory.co.uk/">http://www.masteringmemory.co.uk/</a> a computerised memory training programme.
- 9. Oaka Books Resources for pupils who have dyslexia. Key stages 1 to 3 www.oakabooks.co.uk
- 10. SEN Teacher <a href="http://www.senteacher.org/">http://www.senteacher.org/</a> free SEN resources.
- 11. Sound Foundations <a href="https://www.soundfoundations.co.uk/">https://www.soundfoundations.co.uk/</a> books designed by tutors to be used by parents. Teaching dyslexic children to read and write. Packs available include Dancing Bears (phonological skills/decoding) and Apples and Pears (spelling/letter formation).
- 12. The Indigo Dyslexia Centre <a href="http://www.4dyslexics.com">http://www.4dyslexics.com</a> Green Duck, Western Way, Bury St Edmunds, Suffolk, IP33 3SP, 0845 347 9322
- 13. Thrive Online by Childnet <a href="https://www.childnet.com/what-we-do/our-projects/thrive-online/">https://www.childnet.com/what-we-do/our-projects/thrive-online/</a>
  Helping educators, parents and carers, to support young people aged 11 and over with Special Educational Needs and Disabilities (SEND). These free, adaptable resources look at the important topics of healthy relationships, digital wellbeing and online pornography.
- 14. Toe by Toe A Highly Structured Multi-sensory Reading Manual for Teachers and Parents by Keda Cowling and Harry Cowling. Used in schools to support children with literacy difficulties, including dyslexia.

## - Supporting Young People with ASD

- 1. Additional Needs <a href="https://additionalneeds.info/">https://additionalneeds.info/</a> Curated Resources and tools for those with Additional Needs and their Families; search by Diagnoses, Resource Category, or Location.
- Autism Anglia <u>www.autism-anglia.org.uk/suffolk</u>
- 3. Widget Symbol <a href="http://www.widgit.com/resources/">http://www.widgit.com/resources/</a> resources. Download free images to aid learning about feelings and routines.

### - Gifted and Talented

Potential Plus UK <a href="http://www.potentialplusuk.org/">http://www.potentialplusuk.org/</a> an independent charity which works with families to support children with high learning potential (gifted and talented).

# 7. International General Certificate of Secondary Education (IGCSE) & General Certificate of Secondary Education (GCSE)

Students usually choose their GCSEs from the wide subject range available in year 9. The UK has five main exam boards and GCSEs are graded 9 to 1. For more information about GCSEs see our GCSE helpsheet.

Introductory information on exams can be found at the home educator's exams wiki (<a href="http://he-exams.wikia.com/wiki/HE\_Exams\_Wiki">http://he-exams.wikia.com/wiki/HE\_Exams\_Wiki</a>) and on the Ed Yourself website (<a href="http://edyourself.org/articles/exams.php">http://edyourself.org/articles/exams.php</a>). Other information is available from organisations such as <a href="https://www.educationotherwise.org/">https://www.educationotherwise.org/</a> 08445 867542, 08445 867543, 08445 867544 Education Otherwise Association, 2 Senlac Green, Uckfield, East Sussex TN22 1NN

Marking and assessment of mock papers and individual pieces of work, at GCSE and A Level, for children educated at home and at school, can be found on the MarkMyPapers website

#### http://www.markmypapers.com

## - IGCSEs - have no coursework and are offered by the following examination boards

- 1. AQA (iGCSE's are called AQA Certificate) <a href="http://www.aqa.org.uk/qualifications">http://www.aqa.org.uk/qualifications</a>
- 2. Cambridge International Exams (CIE) <a href="http://www.cie.org.uk/programmes-and-qualifications/cambridge-secondary-2/cambridge-igcse/">http://www.cie.org.uk/programmes-and-qualifications/cambridge-secondary-2/cambridge-igcse/</a>
- 3. Edexcel https://qualifications.pearson.com/en/home.html
- 4. IGCSEs have also been offered at online schools such as King's Interhigh <a href="https://kingsinterhigh.co.uk/">https://kingsinterhigh.co.uk/</a>

# - Registered examination centres for IGCSE

- 3ATutors in Bristol <a href="https://www.3at.org.uk/gcse-igcse-examination-entry/">https://www.3at.org.uk/gcse-igcse-examination-entry/</a> is also a registered exam centre for external candidates for GCSE, IGCSE and 'A' level 3A Tutors Ltd, 1A High Street, Staple Hill, Bristol, BS16 5HA, 0117 910 9931, enquiries@3at.org.uk
- 2. CloudLearn <a href="https://cloudlearn.co.uk/ExamCentres">https://cloudlearn.co.uk/ExamCentres</a> has more information about the different independent schools offering IGCSE exams nationally
- 3. Southwest Science School <a href="https://www.southwestscienceschool.com/exam-information">https://www.southwestscienceschool.com/exam-information</a> IGCSE and A-Level Science subjects available online including exam bookings.
- 4. Stephen Perse Foundation Sixth Form <a href="https://sixthform.stephenperse.com/sixthform">https://sixthform.stephenperse.com/sixthform</a> Union Road, Cambridge, CB2 1HF3A, 01223 454700, office@stephenperse.com

#### External exam candidates and Suffolk schools

Please ring your local high school and ask if they are currently willing to accept external candidates, as the situation can change yearly. Currently our advice would be to speak to your local school, asking to have contact with the examinations officer. In most cases, a school where a young person may have attended previously, will be the most likely school to support by offering the opportunity to sit examinations as an external candidate. Please see EHE exams helpsheet for more information.

Independent Schools such as St Felix School in Southwold have also been keen to support EHE families. St Felix School, Halesworth Rd, Reydon, Southwold IP18 6SD, <a href="https://stfelix.co.uk/">https://stfelix.co.uk/</a>, 01502 722175, <a href="mailto:schooladmin@stfelix.co.uk/">schooladmin@stfelix.co.uk/</a>,

# 8. Distance Learning (KS3, IGCSE/GCSE & 'A' Level)

Most GCSE distance learning providers have now converted to the IGCSE where GCSE coursework is required. Exam centres are not always signposted.

- 1. BBC Bitesize https://www.bbc.co.uk/bitesize KS4 and SATS revision at other Key Stages.
- 2. Catherine Mooney Courses <a href="http://www.catherinemooneytutoring.co.uk/">http://www.catherinemooneytutoring.co.uk/</a>, 07722 642709, info@catherinemooneytutoring.co.uk A personal approach to studying IGCSE English Language and/or English Literature from home. The course is very structured and supported and is geared towards children from 12 onwards.
- 3. CloudLearn <a href="https://cloudlearn.co.uk/">https://cloudlearn.co.uk/</a> For online tutoring for IGCSEs and A-Levels. Detailed information about exam centres nationally. <a href="https://cloudlearn.co.uk/ExamCentres">https://cloudlearn.co.uk/ExamCentres</a>

- Distance Learning Centre <a href="https://www.distance-learning-centre.co.uk/">https://www.distance-learning-centre.co.uk/</a> Distance Learning Centre, Swaledale, 4 Coaley Lane, Newbottle, Houghton le Spring, Tyne & Wear, DH4 4SQ, 0845 129 7238, online contact form for enquiries. A variety of courses including GCSE, IGCSE and A Levels.
- 5. ICS Learn <a href="https://www.icslearn.co.uk/courses/gcse-and-igcse/">https://www.icslearn.co.uk/courses/gcse-and-igcse/</a>, Course Advisors: 0333 220 4397 Student Services 0141 302 5518, hs.enquiry@icslearn.co.uk
- 6. King's InterHigh <a href="https://kingsinterhigh.co.uk/?v4">https://kingsinterhigh.co.uk/?v4</a>
- 7. Little Arthur Independent School <a href="https://www.homeeducationspecialists.org.uk/">https://www.homeeducationspecialists.org.uk/</a> Home Education Specialists, Little Arthur Independent School, St Martins, Isles of Scilly, Cornwall, TR25 0QL, megmorton-school@outlook.com. This school in the Isles of Scilly, Cornwall offers distance learning for KS3/4 (11-16) in maths, science, English and IGCSEs. Packs cover a year's work in the core subjects and assignments can be sent in to be marked within the cost of the pack. It is an approved University of Cambridge International Exam Centre.
- Oxford Home Schooling <a href="http://www.oxfordhomeschooling.co.uk/">http://www.oxfordhomeschooling.co.uk/</a>, Oxford Home Schooling, 4
  Kings Meadow, Oxford, OX2 0DP, enquiries@ool.co.uk, 0800 0 111 024, 01865 304 856,
  Skype: oxfordopenlearning
- 9. Southwest Science School <a href="https://www.southwestscienceschool.com/">https://www.southwestscienceschool.com/</a> IGCSE and A-Level Science subjects available online including exam bookings.
- 10. Structured Home Learning (SHL) <a href="http://www.structuredhomelearning.com/">http://www.structuredhomelearning.com/</a> Primary and secondary resource packs for home educating families up to KS3 including weekly plans. Packs can be split.
- 11. Suffolk Maths Tutor <a href="www.suffolkmathstutor.co.uk">www.suffolkmathstutor.co.uk</a> GCSE and A level maths tutoring in Suffolk from Rob Bolton, a qualified secondary school teacher.07796 951847, <a href="mailto:rob@suffolkmathstutor.co.uk">rob@suffolkmathstutor.co.uk</a>, @suffolkmathstutor.
- 12. The National Extension College <a href="https://www.nec.ac.uk/home-educators/">https://www.nec.ac.uk/home-educators/</a> The Michael Young Centre, School House, Homerton Gardens, Cambridge, CB2 8EB, 0800 389 2839. See <a href="https://www.nec.ac.uk/fee-information/">https://www.nec.ac.uk/fee-information/</a> for fee information including possible monthly installments, special offers and financial assistance.
- 13. Wolsey Hall Oxford The Home Schooling College <a href="https://wolseyhalloxford.org.uk/">https://wolseyhalloxford.org.uk/</a>, 0800 622 6599.

## 9. FURTHER EDUCATION

(incl. college provision for home-educated young people aged 14-16)

- 1. City College Norwich <a href="https://www.ccn.ac.uk/">https://www.ccn.ac.uk/</a>, City College Norwich, Ipswich Road, Norwich, R2 2LJ, 01603 773066, <a href="mailto:information@ccn.ac.uk">information@ccn.ac.uk</a>
- 2. East Coast College https://www.eastcoast.ac.uk, 0800 854 695, myfuture@eastcoast.ac.uk
- 3. Suffolk New College https://www.suffolk.ac.uk/, for course information 01473 382211
- 4. West Suffolk College <a href="https://www.wsc.ac.uk/">https://www.wsc.ac.uk/</a>, <a href="https://www.wsc.ac.uk/">https://wwww.wsc.ac.uk/</a>, <a href="https://www.wsc.ac.uk/">https://www.wsc.ac.uk/</a>, <a href=

#### Alternative Provision Training Providers

Catch22 College: Great Yarmouth Unit R2 Eurocentre, North River Road, Great Yarmouth, Norfolk, NR30 1TE <a href="https://www.catch-22.org.uk/services/great-yarmouth-study-programme/">https://www.catch-22.org.uk/services/great-yarmouth-study-programme/</a>, 01493 859751. Fully funded Department for Education initiative providing an individual learning and training experience while enhancing employability skills – Vocational Training and Skills Programmes for 14 to 19-year-olds including literacy, numeracy, qualifications, work experience and behaviour support.

# 10. Further Education/Careers Information for Young People

- National Careers Service <a href="https://nationalcareersservice.direct.gov.uk">https://nationalcareersservice.direct.gov.uk</a> provides information, advice and guidance to help people make decisions on learning, training and work, National Careers Service, PO Box 1331, Newcastle Upon Tyne, NE99 5EB, webchat and messaging through website, 0800 100 900.
- 2. www.thesource.me.uk The Source website has been re-launched

The Source website is a useful wellbeing resource which provides information, advice and sources of support to young people in Suffolk between 11-18 and up to 25 years of age for young people with additional needs.

The website has been re-vamped and re-designed and provides an engaging one-stop-shop for information on everyday issues including health, emotional wellbeing, careers and relationships. Find out about the site's main features and benefits (including walkthrough video) <a href="https://www.thesource.me.uk/launch">www.thesource.me.uk/launch</a>

#### **New Promotional Materials**

New promotional materials have been created. Please refer to our resource list (included) which provides an overview of all the free leaflets and posters that we have and are available to order on request. You can also download digital versions from <a href="https://www.thesource.me.uk/resources">www.thesource.me.uk/resources</a>

#### Signposting to The Source

Please use the following links to signpost young people, parents/carers and professionals to the site:

- www.thesource.me.uk website home page.
- <u>www.thesource.me.uk/future</u> next-steps information and advice including our CV Builder.
- www.thesource.me.uk/wellbeing emotional wellbeing information, advice and support.
- <u>www.thesource.me.uk/extra</u> news pages providing information, advice and support for young people with Special Educational Needs and Disabilities (SEND).
- <u>www.thesource.me.uk/care</u> information for children and young people in care or going into care and <u>www.thesouce.me.uk/leavingcare</u> for young people leaving care.

Further information for organisations is available at <a href="https://www.thesource.me.uk/update">www.thesource.me.uk/update</a>

Chathealth <a href="https://www.suffolk.gov.uk/children-families-and-learning/childrens-health/school-nursing/">https://www.suffolk.gov.uk/children-families-and-learning/childrens-health/school-nursing/</a> is a confidential texting service for parents and carers and young people aged 11 to 19 living in Suffolk and hosted by Suffolk County Council. Messages are sent to the dedicated

number which are delivered to a secure website and responded to by the Suffolk School Nursing Team.

#### Parents:

If you are a parent or carer of a young person, you can use ChatHealth to seek help, advice or support about a range of issues which maybe affecting you or your child. Text a School Nurse on 07507 333356. Texts are free of charge. The service is available Monday to Friday, 9am to 4:30pm, excluding bank holidays.

## Young people:

If you are aged between 11 and 19, you can confidentially text ChatHealth to ask for help about a range of issues or make an appointment with a school nurse. You can also find out how to access other local services including emotional support or sexual health services. Text a School Nurse on 07507 333356. Texts are free of charge. The service is available Monday to Friday, 9am to 4:30pm, excluding bank holidays.

#### Out of hours:

Anyone who texts the service out of hours will receive a 'bounce-back' message that explains where to get help, and when they can expect a response. Texts are replied to within one working day.

- 4. Karen Cannard Careers Guidance www.karencannard.co.uk and Facebook.com/YOURDOTS
- 5. Volunteer Suffolk <a href="https://volunteersuffolk.org.uk/get-involved">https://volunteersuffolk.org.uk/get-involved</a>, 01473 345400 volunteering@communityactionsuffolk.org.uk

### 10. Extra-Curricular

- 6. Academy of Movement: Bury St Edmunds Home Education Gymnastics https://www.academyofmovement.co.uk/classes
- Allsorts Community Hub. Are a community interest company based in Lowestoft providing community support, outreach services, respite, activities and entertainment for children, families and carers. All groups and events are ASD, learning disability and additional needs friendly. Old Court Buildings, Old Nelson Street, Lowestoft, NR32 1EQ, 07711 147188, allsortslowestoft@gmail.com
- 2. Arts Award <a href="https://www.artsaward.org.uk/site/?id=64">https://www.artsaward.org.uk/site/?id=64</a> inspires young people to grow their arts and leadership talents: it's creative, valuable and accessible. Arts Award can be achieved at five levels, four qualifications and an introductory award. Search by postcode for centres offering the arts award. Home-educated young people can work towards Trinity Art Awards at Lopham Village Hall. Contact Leigh Driver on <a href="mailto:leigh.driver@westsuffolkartscentre.com">leigh.driver@westsuffolkartscentre.com</a>
- 3. Beach Bonkers <a href="https://www.beachbonkers.org.uk/">https://www.beachbonkers.org.uk/</a> 0751 255 7200, BeachBonkersHQ@gmail.com Beach Bonkers is on a mission to take everyone beachcombing to find their own amazing treasures on Suffolk's shingle beaches.
- Colchester and Ipswich Museums. <a href="https://ipswich.cimuseums.org.uk/">https://ipswich.cimuseums.org.uk/</a> The organisation's website has a section on visiting including activities in Ipswich and a Learn section with details of Museum visits and Teacher resources.
- Cook Stars Academy Classes in Colchester are suitable for young learners and teens aged 11-17 years old <a href="https://www.cookstars.co.uk/cooking-classes/colchester">https://www.cookstars.co.uk/cooking-classes/colchester</a>

- Creative Computing Club <a href="http://ccc.creativecomputerclub.com/">http://ccc.creativecomputerclub.com/</a> Community Interest Company has worked with several thousand young people across Suffolk, helping them to engage in worthwhile and inspiring technology-based activities. <a href="mailto:members@creativecomputingclub.com">members@creativecomputingclub.com</a>, 01473 225911 <a href="https://www.facebook.com/cccsuffolk">https://www.facebook.com/cccsuffolk</a>
   https://twitter.com/cccsuffolk?form=MY01SV&OCID=MY01SV
- 7. Eden's Youth Centre Home Education Group Sessions, free event for 12+ years. Eden's Project, 45 Gainsborough Street, Sudbury, CO10 2EU. Dates and times change termly, please see website for up to date details: <a href="http://www.edensproject.co.uk/16.html">http://www.edensproject.co.uk/16.html</a>
- 8. Explore Outdoor Sessions, Abbeycroft Leisure <a href="https://www.acleisure.com/exploreoutdoor/">https://www.acleisure.com/exploreoutdoor/</a>
  07983 918318, <a href="mailto:exploreoutdoor@acleisure.com">exploreoutdoor@acleisure.com</a>, <a href="mailto:www.instagram.com/exploreoutdooracl">www.instagram.com/exploreoutdooracl</a>, <a href="mailto:www.twitter.com/exploreoutdoor\_
- 9. Home Ed Forest School Sessions at Nowton Park, Bury St Edmunds https://www.facebook.com/events/1540604042983189/1540604049649855/
- 10. Kentwell Hall <u>Family Day Out in Suffolk (kentwell.co.uk)</u> A manor house with a garden and farm hosting family events and living history. enquiries@kentwell.co.uk 01787 310207.
- 11. Lazer quest sessions for home educated children at Planet Lazer, Western Way, Bury St Edmunds, IP33 3SP. 2 hour laser session. Cafe and arcade open too! £10.00pp <a href="https://www.planetlaser.co.uk/booking">https://www.planetlaser.co.uk/booking</a>
- 12. Lego Clubs across Suffolk Libraries https://www.suffolklibraries.co.uk/whats-on
- 13. Netmums <a href="http://www.netmums.com/">http://www.netmums.com/</a> a UK parenting community with local listings.
- 14. Orwell Park School <a href="https://orwellpark.co.uk/">https://orwellpark.co.uk/</a> Orwell Park School, Nacton, Ipswich, Suffolk. IP10 0ER, 01473 659225, <a href="mailto:admissions@orwellpark.org">admissions@orwellpark.org</a>
- 15. Social meets with optional activities in Bures St Mary and surrounding areas Claire Swann 07862265969
- 16. Suffolk Young People's Health Project <a href="http://www.4yp.org.uk/">http://www.4yp.org.uk/</a> Through advice, guidance and practical support we help young people develop the skills and knowledge to lead healthier, happier, safer and more resilient lifestyles. We give young people the confidence to make better informed choices and enable them to reach their full potential14 Lower Brook Street, lpswich, IP4 1AP, 01473 252607, enquiries@syphp.org.uk
- 17. Suffolk's Children's University <a href="http://suffolkchildrensuniversity.co.uk/">http://suffolkchildrensuniversity.co.uk/</a> was established in 2018 and is managed by the Essex Children's University Trust, a registered charity that works in partnership with schools to develop a love of learning in children. Children's University Learners are issued with their own Passport to Learning. They use this to record their participation in extra-curricular activities outside of school. They are working towards National Certificates which recognise, reward and celebrate their achievements. Certificates are presented at a Children's University Graduation Ceremony, held at venues around Suffolk. Suffolk Children's University, Brightspace Centre, 160 Hadleigh Road, Ipswich, Suffolk, IP2 OHH, <a href="manager@suffolkchildrensuniversity.co.uk">manager@suffolkchildrensuniversity.co.uk</a> @SuffolkChildrensUniversity2019.
- 18. The Hive <a href="https://www.westsuffolkhive.org.uk/">https://www.westsuffolkhive.org.uk/</a> offers educational workshops & session
- 19. The West Suffolk Arts Centre in Brandon <a href="http://westsuffolkartscentre.com/">http://westsuffolkartscentre.com/</a> offers workshops for home-educated children leading to awards, family workshops and children's art courses and parties with art and crafts activities.

- 20. The Willows Child Development home ed sessions for ages 5-16.

  <a href="https://www.thewillowschilddevelopment.com/home-education">https://www.thewillowschilddevelopment.com/home-education</a> Tel: 07534548311 /
  07792848757 Email: <a href="mailto:hello@thewillowschilddevelopment.com">hello@thewillowschilddevelopment.com</a> Based in Barton Mills (Near Mildenhall)
  - The Willows Child Development specialises in supporting all children and young people. We have witnessed amazing outcomes in individuals with school-based trauma, SEN and those struggling with mental health issues.
- 21. Tours of Sackers Recycling Plant in Great Blakenham <a href="www.sackers.co.uk">www.sackers.co.uk</a> can be arranged by parents, 01473 830373.
- 22. Weekly drop ins for school years 7-11 at The Mix, 127 Ipswich Street, Stowmarket, IP14 1BB. Currently taking place on Mondays 4-6pm for Years 7 & 8, Thursdays 4-6pm for Years 9, 10 & 11, Thursdays 7-9pm for 16-19 year olds, times and days may change so please check the website and socials below. <a href="https://www.themixstowmarket.org/whats-on/dropin">https://www.facebook.com/TheMixStowmarket</a>; <a href="https://www.instagram.com/themixstowmarket">https://www.facebook.com/TheMixStowmarket</a>; <a href="https://www.instagram.com/themixstowmarket">https://www.instagram.com/themixstowmarket</a>; <a href="https://twitter.com/mixstowmarket">https://twitter.com/mixstowmarket</a>; <a href="https://twitter.com/mixstowmarket">Gert</a> (Drop In Coordinator), 01449 745130, <a href="mailto:gert@themixstowmarket.co.uk">gert@themixstowmarket.co.uk</a>
- 23. YMCA Trinity Group Shine Project Lowestoft. The Shine Project is a youth led project aimed at 8-16 years olds living in Lowestoft. Supporting them to realise their full potential and raise aspirations <a href="https://ymcatrinitygroup.org.uk/family-support/the-shine-project/">https://ymcatrinitygroup.org.uk/family-support/the-shine-project/</a>
  <a href="https://www.facebook.com/ymca.shine/">https://www.facebook.com/ymca.shine/</a> <a href="https://twitter.com/YMCATrinity">https://twitter.com/YMCATrinity</a> Julia Bell <a href="mailto:07912">07912</a> <a href="mailto:516826">516826</a>, <a href="mailto:shine@ymcatrinity.org.uk">shine@ymcatrinity.org.uk</a>

#### 11. Discounts for EHE

All Ways Educating (AWE) <a href="www.awediscounts.com">www.awediscounts.com</a> has a discount website with exclusive offers for Home Educators. Popular products include ConquerMaths (59% discount), ConquerComputing (50% discount) and Purple Mash (50% discount). The site is run by Debbie who has 16 years' experience as a Home Educator and new products and discounts are added frequently. <a href="https://www.facebook.com/AWEdiscounts">https://www.facebook.com/AWEdiscounts</a>

It is worth noting that some educational venues offer discounts or free entry to home-educated pupils (e.g. Colchester Castle) Also some online providers of educational resources offer discounted subscriptions to home-educated parents. Some sites with interactive learning facilities offer free trial periods to new users for up to 6 months.

# 12. COVID-19 / Coronavirus resources / resources available during the coronavirus pandemic

- 1. Covibook <a href="https://www.mindheart.co/descargables">https://www.mindheart.co/descargables</a> Supporting and reassuring children around the world. Hello! I am a virus, cousin with the flu and common cold. My name is Coronavirus by Manuela Molina
- 2. Covid-19 anxiety <a href="https://bit.ly/2wxCAMO">https://bit.ly/2wxCAMO</a> SecEd author Dr Pooky Knightsmith offers support for mental health and wellbeing via her YouTube channel, including a recent post on ways to guard good mental health in light of the coronavirus outbreak.
- 3. Elsa Support <u>www.elsa-support.co.uk/coronavirus-story-for-children</u> A coronavirus story for children.

- 4. For support with returning to school Suffolk SENDIASS has a Back to School Page https://www.suffolksendiass.co.uk/back-to-school
- 5. Government guidance on Coronavirus https://www.gov.uk/coronavirus
- 6. Little Puddins <a href="https://littlepuddins.ie/coronavirus-social-story/">https://littlepuddins.ie/coronavirus-social-story/</a> A coronavirus story aimed at students with autism/SEN by Amanda McGuiness.
- 7. Musical Futures <a href="https://www.musicalfutures.org/musical-futures-blog/top-10-resources-music-teachers-planning-students-working-home">www.musicalfutures.org/musical-futures-blog/top-10-resources-music-teachers-planning-students-working-home</a> Has published a blog listing 10 useful resources for music education.
- 8. National Numeracy <a href="https://www.nationalnumeracy.org.uk/news/free-family-maths-activities-children-aged-4-11-0">https://www.nationalnumeracy.org.uk/news/free-family-maths-activities-children-aged-4-11-0</a> Help with maths during Summer 2021. Free activities and online resources. A pack offering 28 free activities for children aged 4 to 11.
- 9. NHS Better Health Every Mind Matters. Coronavirus (Covid-19) and mental wellbeing <a href="https://www.nhs.uk/every-mind-matters/coronavirus/">https://www.nhs.uk/every-mind-matters/coronavirus/</a>
- 10. Prince's Trust Coronavirus Support Hub <a href="https://www.princes-trust.org.uk/about-the-trust/coronavirus-response/resource-centre">https://www.princes-trust.org.uk/about-the-trust/coronavirus-response/resource-centre</a> "We've pulled together the best advice and guidance to help you develop your confidence and skills, as you explore your next steps for finding a job or becoming self-employed."
- 11. Public Health England School Zone <a href="https://campaignresources.phe.gov.uk/schools">https://campaignresources.phe.gov.uk/schools</a> Explore flexible teaching resources for primary school classes and be inspired by our mental wellbeing resources for secondary schools and Year 6.
- 12.STEM Learning <u>www.stem.org.uk/home-learning</u> A selection of activities and materials, which are free to access.
- Suffolk County Council also has a page regarding its response to the Coronavirus pandemic <a href="https://www.suffolk.gov.uk/coronavirus-covid-19/latest-information/">https://www.suffolk.gov.uk/coronavirus-covid-19/latest-information/</a>
  - Suffolk SENDIASS and what Covid-19 means for your child's education <a href="https://www.suffolksendiass.co.uk/covid-19">https://www.suffolksendiass.co.uk/covid-19</a>
- 14. The Children's Commissioner <a href="https://www.childrenscommissioner.gov.uk/coronavirus/">https://www.childrenscommissioner.gov.uk/coronavirus/</a> Coronavirus, children and you. Highlights of our work listening to children and championing their rights during the coronavirus crisis.

8 May 2024