

Sensory assessment checklist

(based on the sensory profile checklist from Bogdashina, 2003 and included in the IDP autism spectrum)

Tick which apply and then consider which teaching staff need to know this information.

Where possible, complete this in discussion with the parents or carers and the pupil.

| No. | Item | Yes | No | Don't know | Action required |
|-----|--|-----|----|------------|-----------------|
| 1 | Resists changes to familiar routines | | | | |
| 2 | Does not recognise familiar people in unfamiliar clothes | | | | |
| 3 | Dislikes bright lights | | | | |
| 4 | Dislikes fluorescent lights | | | | |
| 5 | Is frightened by flashes of light | | | | |
| 6 | Puts hands over eyes or closes eyes in bright light | | | | |
| 7 | Is attracted to lights | | | | |
| 8 | Is fascinated by shiny objects and bright colours | | | | |
| 9 | Touches the walls of rooms | | | | |
| 10 | Enjoys certain patterns (e.g. brickwork, stripes) | | | | |
| 11 | Gets lost easily | | | | |
| 12 | Has a fear of heights, lifts, escalators | | | | |
| 13 | Has difficulty catching balls | | | | |
| 14 | Is startled when approached by others | | | | |
| 15 | Smells, licks, taps objects and people | | | | |
| 16 | Appears not to see certain colours | | | | |
| 17 | Uses peripheral vision when doing a task | | | | |

| No. | Item | Yes | No | Don't know | Action required |
|-----|---|-----|----|------------|-----------------|
| 18 | Finds it easier to listen when not looking at person | | | | |
| 19 | Remembers routes and places extremely well | | | | |
| 20 | Can memorise large amounts of information on certain topics | | | | |
| 21 | Finds crowded areas very difficult | | | | |
| 22 | Prefers to sit at back of group or front of group | | | | |
| 23 | Covers ears when hears certain sounds | | | | |
| 24 | Can hear sounds which others do not hear | | | | |
| 25 | Is very distressed by certain sounds | | | | |
| 26 | Bangs objects and doors | | | | |
| 27 | Is attracted by sounds and noises | | | | |
| 28 | Does not like shaking hands or being hugged | | | | |
| 29 | Likes a hug if chosen to do this | | | | |
| 30 | Only seems to hear the first words of a sentence | | | | |
| 31 | Repeats exactly what others have said | | | | |
| 32 | Very good auditory memory for songs and rhymes | | | | |
| 33 | Dislikes the feel of certain fabrics and substances | | | | |
| 34 | Seems unaware of pain and temperature | | | | |
| 35 | Dislikes certain foods and drinks | | | | |
| 36 | Seeks pressure by crawling under heavy objects | | | | |
| 37 | Hugs very tightly | | | | |
| 38 | Enjoys feeling certain materials | | | | |

| No. | Item | Yes | No | Don't know | Action required |
|-----|---|-----|----|------------|-----------------|
| 39 | Dislikes certain everyday smells | | | | |
| 40 | Eats materials which are not edible | | | | |
| 41 | Likes to have food presented in a certain way on the plate | | | | |
| 42 | Dislikes crunchy or chewy food | | | | |
| 43 | Quite clumsy and bumps into objects and people | | | | |
| 44 | Finds fine motor movements hard | | | | |
| 45 | Has difficulty running and climbing | | | | |
| 46 | Finds it hard to ride a bike | | | | |
| 47 | Does not seem to know where body is in space | | | | |
| 48 | Has poor balance | | | | |
| 49 | Afraid of everyday movement activities such as swings, slides, trampoline | | | | |
| 50 | Has extremely good balance | | | | |