

Suffolk Care Market Update

13th June 2024

Issue 256

Updates for this week

- Preparation for Hot Weather
- Data Security Protection Toolkit Final Compliance
- Dementia UK Summer Camp 2024
- SCA Annual Conference
- SCA Training Opportunities 2024

Preparation for Hot Weather

Update from Suffolk County Council

This guidance advises social care managers on how to reduce the risk of hot weather to the health and wellbeing of people they provide care for.

[Supporting vulnerable people before and during hot weather: social care managers - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/supporting-vulnerable-people-before-and-during-hot-weather-social-care-managers)

In all settings, you can reduce the risks associated with hot weather for those you care for by:

- ensuring all social care staff are familiar with this guidance, and your local hot weather and business continuity plans before 1 June each year,
- considering [changes to the building that could reduce exposure to heat](#) in the home or the care setting,
- ensuring those in your service's care drink plenty of fluids throughout the day, that staff monitor people in their care for significant changes in hydration status compared to what is normal for them (for example, peeing less often, feeling dizzy or light-headed) and know what action to take if these changes occur,
- planning activities for times of the day when it is cooler such as the morning or evening,
- working with staff to keep those they care for out of the sun at the hottest time of the day, usually between 11am and 3pm.

If you work in a setting that provides care in clients' own homes, you should also:

- ensure staff know who is at higher risk of heat related illnesses and how to reduce that risk,
- have plans in place for individuals you are responsible for to keep them and their home cool.

The guidance also details how to recognise heat exhaustion and heatstroke, preparing for hot weather, and responding to hot weather.

Helpful resources:

- [Hot weather and health: supporting vulnerable people](#)
- [Hot weather advice: planning events and mass gatherings](#)
- [Beat the heat guidance](#)
- [Weather-Health Alerting System: user guide](#)

Data Security Protection Toolkit Final Compliance - Deadline 30th June 2024

Information provided by Suffolk Care Association

The Data Security and Protection Toolkit is an online self-assessment tool that enables organisations to measure and publish their performance against the National Data Guardian's ten data security standards.

All organisations that have access to NHS patient data and systems must use this toolkit to provide assurance that they are practising good data security, and that personal information is handled correctly.

The deadline for this to be completed is 30th June 2024.

Dementia UK Summer Camp 2024

Information provided by Dementia UK

Dementia UK is excited to host its annual Summer School this July. We invite all health and social care staff with an interest in improving care and support for families living with dementia to attend.

What's on offer?

- a range of online sessions covering contemporary and relevant topics across dementia care
- the opportunity to increase your knowledge and skills in working with people living with dementia and their families
- 'pick and mix' – select the online sessions that are of interest.

You are welcome to register for as many or as few as you would like. Supporting families living with dementia presents many different challenges. Dementia UK is committed to improving support for people with the diagnosis and the family and friends around them. Through our Summer School, we will share the work of our dementia specialist Admiral Nurses and help you extend and develop your knowledge and understanding of dementia so you can continue in your quest to improve care.

Who should attend? We welcome all health and social care staff, including students and volunteer workers, who are interested in improving their practice in and knowledge of dementia care. To view topics available and book onto sessions please click [here](#). For any further information please contact the Admiral Nurse Academy at ANacademy@dementiauk.org

Suffolk Care Association Annual Conference 2024

Information provided by Suffolk Care Association

SCA's annual conference is taking place on 3rd October 2024 at The Hanger, Milsoms, Kesgrave, IP5 2PU. Tickets are £80pp, please see attached flyer for further information.

Training Opportunities 2024

Information provided by Suffolk Care Association

Please see attached document showing courses available up to August 2024.

Training & Development Opportunities

Please visit our website for all upcoming training and development opportunities for Suffolk Care Providers: [Suffolk Providers Handbook - Suffolk County Council](#)