

**You have been offered an initial health assessment with the Children’s Community Learning DisabilityTeam – Behaviour Support**

**Who are we?**

We are a specialised service, who work with families in their homes to meet the behavioural needs of children and young people with learning disabilities in Suffolk, we are a team made up of Nurses, Support Workers and Business Support Officers.

**What is an initial health assessment appointment?**

* A 60 -90 minute appointment with you.
* By video/ telephone call or in your home.
* A genogram (family tree) & consent forms will also be completed.
* The assessment will show what kind of help you and your child/young person needs.

**How can you prepare for the assessment?**

* Think about what concerns you would like help with or what you would like to achieve from working with us.
* You might like to write down some of your current worries and concerns.
* Have any reports/information readily available, list of medications, dates of diagnosis, list of professionals involved etc.
* Think about what your child/young person might say.

**What support can you expect from the team?**

* We will work collaboratively with you this means we will ask what outcomes you/child/young person wish to achieve.
* Direct support with your family which could include your child/young person.
* We will agree an ‘up to number’ of sessions with you within your care plan. This will be regularly reviewed.
* Sessions can take place at home/school/wider community/short break services or as group work.

**What happens to your child’s information?**

We will explain what confidentiality means and how your child/young person’s information is used before you share anything with us.

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**How can you get in touch?**

**East base West base**

Allington Clinic Child Health Centre

427 Woodbridge Road Hospital Rd

Ipswich IP4 4ER Bury St Edmunds IP33 3ND

Tel: 01473 264801 Tel: 01284 741777

Or by email [LDNursingTeam@suffolk.gov.uk](mailto:LDNursingTeam@suffolk.gov.uk)

Our webpage [please click here for information on the services we provide](https://www.suffolk.gov.uk/children-families-and-learning/childrens-health/specialist-services/learning-disabilities)