

Dr Josie Newman - Educational Psychologist

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What is important to me

Professional values:

- Making a positive difference to children and young people, helping them to recognise their strengths and achieve their goals.
- Being person-centred and supporting full participation in processes.
- Learning from others and building connections.
- Sharing psychology with others.

Things I enjoy:

- Spending time with my friends and family.
- Running I am training for a marathon.
- Spending time in my garden growing fruit, vegetables and flowers.
- Cooking and baking.

About me

- I have recently qualified as an Educational Psychologist.
- Previously I have worked as an Assistant Psychologist, in a secondary school for students with SEMH needs, and completed a masters.
- I wrote my doctoral thesis on how EPs use dynamic assessment, and what the outcomes of this might be.
- I am also particularly interested in person-centred and graphically facilitated processes, Emotional Literacy Support Assistant (ELSA) training and supervision.

What others (ike and admire about me

- I am a friendly and fun person to be around.
- I am open, honest and trustworthy.
- I listen empathetically and help people to feel supported.
- I am perceptive and offer thoughtful contributions to discussions.

How best to support me

- I like to talk through problems this can help me find solutions.
- I appreciate feedback both strengths and areas for development.
- I like to feel organised and appreciate knowing about things in advance as much as possible.



