

Kirsty Thomas - Trainee Educational Psychologist



All about me:

I am a Trainee Educational Psychologist working for Suffolk County Council. Previously I worked as a primary school teacher and loved supporting children in all aspects of school life.

What people like and admire about me:

My colleagues tell me I am...

- Supportive
- Enthusiastic
- Team-oriented
- Funny
- Kind
- Full of energy!
- Positive
- Open and honest



What is important to me:

- I play netball every week (I am very competitive!).
- I love to sing! I like current pop music, musical theatre, and anything else really.
- Spending time with my friends and family is important to me. We meet for coffee and go on walks.
- I am very curious and like to ask lots of questions.

Some of my interests:

- I am interested in neurodiversity and how we adapt settings and situations to support inclusion, so everyone feels valued and can learn in a way which suits them.
- I like solution focused, person-centred approaches to build on the strengths of children and young people.
- I am also interested in supporting teachers to feel empowered to work with all of the children and young people in their care.

How to best support me:

- I struggle to hold lots of information in my head, so I like to write things down.
- I might need information repeated to me.
- Sometimes I need a bit of time to think, so I might be quiet after listening to somebody else.

