## **Opal Gibbs**

Assistant Psychologist

1 work with lots of children and young people between the ages of birth-25years old!

Part of my job is to help children and young people think about how we can make school better for them, and to help them get the help they need!

I find out lots of things about them, sometimes I like to use tools, such as drawing or special activities to help me understand them more.



What is important to me...

## What will we do together?

•We may do some work together, either in school, at Riverside, online or in your home.

• I might watch some of your learning.

• I might ask you questions, play games, do some questionnaires or some drawing.

 I will listen to your views and what is important to you.

 I might meet with your parents/carers or teachers to think about ways to help you.

Remember that you do not have to work with me if you don't want to. If you have any questions for me, I will try my best to answer them!

## Others describe me as...

Being very calm, helpful, and, friendly.

My family and friends.

Learning, eating cake and drinking tea.

Helping others and ensuring they have the support and help they need.

Working with others and listening to them.



## How might others support me?



1 can take time to process verbal information. 1 can be quiet, but it just means 1'm listening extra hard.

I like to ask questions to be sure that I have understood what has been said.

I like to write things down to help me remember what has been said or seen.