



# Rachael Clark

## Assistant Psychologist

### ABOUT ME:

I work with children and young people to learn about their views and strengths. I help them to think about how school can be better and what support might help them most.

I often work with an **Educational Psychologist**, and one day I hope to become one too!

My pets



### PEOPLE WHO KNOW ME SAY I AM:

- Kind, calm and easy to get along with.
- A good listener
- Helpful and supportive
- Friendly and caring
- Enthusiastic and hardworking



### WHAT WE MIGHT DO TOGETHER:

- We might meet and do some work together—maybe at home, school, or online.
- I may watch some of your learning.
- I might talk to your parents/carers, or teachers to learn more about you.
- We might play games, fill out questionnaires, or do some drawing together.
- I may ask you some questions because I'm really interested in hearing your thoughts!
- **Remember, it's always up to you if you want to work with me!**

### YOU CAN SUPPORT ME BY:

- Allowing me time to listen and think before I speak.
- Being patient when I ask questions, it helps me to understand better.
- Giving me a little time to write down my thoughts, as it allows me to remember things more easily.
- Sharing honest views with me so that I can help in a way that works for you!



### THINGS THAT ARE IMPORTANT TO ME:

- Quality time with my family and friends.
- Spending time outside and going for walks in nature.
- Keeping myself healthy and happy through regular exercise (I'm a big fan of yoga and strength training!)
- Having the chance to explore different places around the world.
- Making a positive difference to the young people and families I work with.

