



Sensory Pencil case

Resources you will need –

- Pencil Case
- Fidget toys
- Blue Tac
- Slime
- Snapping toys
- Small sticky items

Why use

Using Sensory Pencil Cases allows a young person to stay within a classroom but still receive the sensory stimuli and feedback that they require. This in turn, helps them to stay focused and continue to keep themselves regulated.

How to

Allow a young person to pick a range of fidget toys or objects within a pencil case that they can keep on their desk. This could include rubber bands, blue tac, scented pens or playdough, poppers or snapping objects. Or the young person could have their own toolbox within their different classrooms should they wish to not carry round the pencil case.

You can even purchase sensory pencil cases that are made from silicon pop it fidget toys.