A screenshot of a computer

Description automatically generated When Interception Awareness (IA) Breaks Down: Impact on Toileting A screenshot of a computer

Description automatically generated

Body Signals are TOO BIG

c the individual goes to the bathroom frequently, thinking they need to pee or poo, but very little comes out

c dislikes the feeling of peeing or pooing

c the child is fearful of the sensations involved when they pee or poo (stool withholding)

Body Signals are too small

c unaware that bowel or bladder is full resulting in accidents

c accident free during the day, but night time accidents

c frequent ‘last minute emergency’ trips to bathroom

c needs reminding to go to the bathroom, even after long periods of time

c unable to ‘push’ or ‘relax’ in order to eliminate (e.g. feeling tight vs loose)

c unaware that they have had an accident or that their clothes are soiled

c Doesn’t wipe until fully clean (doesn’t feel soiled)

Body Signals are DiStOrTeD

c feels that they need to go, but not be able to discriminate whether they need to pee or poo

c goes to the bathroom frequently, but doesn’t really need to ‘go’ (feeling is due to something else like hunger)